

## SMALL PLATES

### GRANOLA

GREEK YOGURT, ALMONDS, BERRIES, HONEY 11

### STEEL CUT OATMEAL

SIMMERED OATS, CARAMELIZED BANANAS, TOASTED PECANS, BROWN SUGAR 11  
ADD BERRIES +3

### DARK SKY ACAI BOWL

FRESH SEASONAL FRUIT, TOASTED COCONUT 13

### SMOKED SALMON BAGEL

RED ONIONS, CAPERS, TOMATO, SLICED AVOCADO, DILL CREAM CHEESE 17

### CEREAL

RAISIN BRAN, CORN FLAKES,  
CHEERIOS, SPECIAL K, RICE CRISPIES 7  
ADD BERRIES +3

### AVOCADO TOAST

SLICED AVOCADO, HEIRLOOM TOMATO, RED ONION, QUESO FRESCO 14  
\*ADD POACHED EGG \$3

## SIDE PLATES

ONE FARM FRESH EGG\* (ANY STYLE) 3

HERB ROASTED POTATOES 5

SMOKED BACON 7 / SAUSAGE 7 / TURKEY BACON 7

BAGEL 5  FRUIT 6  BERRIES 8  HALF AVOCADO 5

SMOKED SALMON 7 FRESH BAKED MUFFIN 6 COTTAGE CHEESE 5

SOUR DOUGH / WHITE / RYE / WHOLE WHEAT TOAST / ENGLISH MUFFIN 3

GLUTEN FREE TOAST 5



## JUICES & SMOOTHIES

ENERGIZE GREEN JUICE 11

RED ROCK BEET JUICE 11

BANANA ALMOND SMOOTHIE 9

COCONUT BERRY SMOOTHIE 9

### SPIKED

PROSECCO 13 MIMOSA 13

MIMOSA FLIGHT 15

GUAVA, PASSIONFRUIT, PRICKLY PEAR

SALTROCK'S CRAFT BLOODY MARY 13

 JUICE 6

ORANGE, APPLE, PINEAPPLE,  
CRANBERRY, GRAPEFRUIT, TOMATO

ILLY INTENSO COFFEE 5

LATTE 6 ESPRESSO 5/6 CAPPUCCINO 6  
HOT TEA 5

EXECUTIVE CHEF LINDSEY DALE

@saltrockkitchen  
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## LARGE PLATES

### BUTTERMILK WAFFLE

BERRIES, MAPLE SYRUP, WHIPPED VANILLA CREAM 13

### VORTEX BREAKFAST

TWO FARM EGGS ANY STYLE, BACON OR SAUSAGE, HERB ROASTED BREAKFAST  
POTATOES, CHOICE OF TOAST 14

### SALTROCK BENEDICT\*

TWO POACHED FARM EGGS, ENGLISH MUFFIN, HOUSE SMOKED SALMON, AVOCADO  
SALSA, TOMATILLO HOLLANDAISE, HERB ROASTED POTATOES 17

### OAK CREEK BREAKFAST SANDWICH\*

FRIED EGG, CHEDDAR CHEESE, BEELERS HAM OR APPLE WOOD SMOKED BACON,  
WHEAT TOAST, HERB ROASTED POTATOES 15

### HUEVOS RANCHEROS\*

TWO FARM EGGS ANY STYLE, CRISP CORN TORTILLA, BEAN PURÉE, SALSA  
FRESCA, GUACAMOLE, PICO DE GALLO, QUESO FRESCO 16

### BREAKFAST BURRITO\*

SCRAMBLED EGGS, CHORIZO, CHARRED CORN, BLACK BEANS,  
SPINACH, PEPPER JACK, CHIPOTLE-GUACAMOLE, HERB ROASTED POTATOES 15


\*SUBSTITUTE ANY PROTEIN FOR NEXVEG TEPARY HASH\*

ADDITIONAL INGREDIENTS +3

SALSA / SOUR CREAM / SPINACH

CHEDDAR / PEPPER JACK / AVOCADO

 SUBSTITUTE EGG WHITES

 BOOST YOUR DAY WITH OUR HEALTHY MENU FEATURING THOUGHTFUL DISHES PREPARED  
ESPECIALLY FOR YOU. CREATED WITH YOUR HEALTH AND WELL BEING IN MIND BY OUR  
CULINARY TEAM TO INCLUDE SUPER FOODS AND INGREDIENTS  
RICH IN NUTRIENTS AND ANTIOXIDANTS.

\*These items are cooked to order and may be served raw or undercooked; consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

\*\*Please advise your server of any food allergies or intolerances prior to ordering. Please inquire with your serving for Gluten Free options.

Chef Lindsey & her team enjoy using sustainable and locally produced ingredients when possible.